



Smoking

Current smokers have a 70% higher risk of having hearing loss than nonsmokers.



Eye Health

Your vision aids you in identifying where a sound is coming from.



Ototoxicity

There are more than 200 medications and chemicals known to cause hearing and balance problems.



Safety/Balance

People with mild hearing loss are 3x more likely to have a history of falling.



Osteoporosis

It can adversely affect the three tiny bones in the middle ear which can lead to hearing loss.



Hypertension

High blood pressure can be an accelerating factor of hearing loss in adults.



Diabetes

Hearing loss is twice as common in people with diabetes as their peers without.



Cardiovascular

A healthy cardiovascular system has a positive effect on hearing.



Isolation

Untreated hearing loss can contribute to social isolation anxiety depression and cognitive decline.



Tinnitus

Up to 90% of people with tinnitus also have some level of noise-induced hearing loss.



Obesity

Higher body mass index and larger waist circumference are associated with increased risk of hearing loss in women.



Cognitive Decline

Adults with hearing loss experience a 30%-40% faster decline in cognitive abilities than those with normal hearing.



Depression

Adults with untreated hearing loss are more likely to report depression anxiety and paranoia than those with hearing aids.



Untreated

HEARING LOSS
impacts your
HEALTH and lifestyle in
many ways

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